

LIFE ORIENTATION GRADE 12 2015

TOPIC	ASSESSMENT STANDARDS	PORTFOLIO ASSESSMENT TASKS
PHASE 1 (7 November 2016 – 17 March 2017)		
Development of the self in society	Identify stressors, levels of stress and stress management.	☞ Task 1 Written task: February
	Conflict resolution skills.	
	Initiating, building and sustaining positive relationships.	
	Factors that influence effective communication.	
	Adapting to growth and change.	
	Transition between school and post-school.	
Study skills	Personal lifestyle plan to promote quality of life.	☞ Task 2 Physical Education: ongoing throughout the term
	Process of assessment and examination writing skills.	
	Importance of School Based Assessment.	
Careers and career choices	Importance of obtaining the NSC: develop a study plan.	☞ Task 2 Physical Education: ongoing throughout the term
	Commitment to a decision taken: job or course application.	
	Reasons for and impact of unemployment.	
	Innovative solutions to counteract unemployment.	
PHASE 2 (22 March – 15 June 2017)		
Democracy and Human Rights	Responsible citizenship: dealing with discrimination and human rights violations, Bill of Rights.	☞ Task 3 Project: April
	Role of the media in a democratic society.	
	Ideologies, beliefs and worldviews on recreational and physical activity across cultures and genders.	
Social and Environmental responsibility	☞ Task 4 June Examinations	☞ Task 5 Physical Education: ongoing throughout the term
	Community responsibility to provide environments and services that promote safe and healthy living.	
	Formulating a personal mission statement for life.	
	Impact of vision on actions/behaviour in life.	
PHASE 3 (19 June – 20 October 2017)		
Development of the self in society	Human factors that cause ill-health, accidents, crises and disasters.	☞ Task 6 Final Examination: Set by DBE (date to be confirmed)
	Commitment to participate in physical activities for long-term engagement.	
Careers and career choices	Core elements of a job contract, worker rights and obligations, conditions of service.	☞ Task 7 Physical Education: ongoing throughout the term
	How work gives meaning to life.	
Study skills	Preparing for success in the Grade 12 examinations.	
Careers and career choices*	Admission requirements for the intended field of study	