

## LIFE ORIENTATION GRADE 11 2020

TOPIC	ASSESSMENT STANDARDS	PORTFOLIO ASSESSMENT TASKS
<b>PHASE 1 (5 November 2019 – 20 March 2020)</b>		
<b>Development of the self in society</b>	Plan and achieve life goals.	<p>☞ <b>Task 1</b> Written task: February</p> <p>☞ <b>Task 2</b> Physical Education: ongoing throughout the term</p>
	Relationships and their influence on own well-being.	
<b>Careers and career choices</b>	Requirements for admission to additional and higher education courses, NSC pass requirements.	
	Options for financial assistance.	
<b>Democracy and Human Rights</b>	Principles, processes and procedures for democratic participation.	
	Democratic structures.	
	Role of sport in nation building: participant and spectator behaviour in sport.	
<b>Study skills</b>	Applying own study skills, styles and study strategies.	
	Examination writing skills.	
<b>PHASE 2 (31 March 2020 – 12 June 2020)</b>		
<b>Study skills</b>	Time management skills and annual study plan.	<p>☞ <b>Task 3</b> June Examinations 1 – 12 June</p> <p>☞ <b>Task 4</b> Physical Education: ongoing throughout the term</p>
	Goal setting skills: study, health and fitness.	
<b>Social and Environmental responsibility</b>	Environmental issues that cause ill-health.	
	Climate change.	
	Community service that addresses a contemporary environmental issue.	
<b>Development of the self in society</b>	Healthy and balanced lifestyle choices.	
	Accidents.	
	Risky behaviour and situations.	
<b>PHASE 3 (7 July 2020 – 30 October 2020)</b>		
<b>Development of the self in society</b>	Socio-economic environment: literacy, income, poverty, culture and social environment.	<p>☞ <b>Task 5</b> Project: August</p> <p>☞ <b>Task 6</b> Final Examination 19 – 30 Oct</p> <p>☞ <b>Task 7</b> Physical Education: ongoing throughout the term</p>
	Positive role models: parents and peers.	
	Role of nutrition in health and physical activities.	
<b>Careers and career choices</b>	Competencies, abilities and ethics that will assist in securing a job and developing a career.	
	Personal expectations in relation to job/career of interest.	
<b>Development of the self in society *</b>	Knowledge about self in relation to the demands of the world of work and socio-economic conditions.	
	Gender roles and their effects on health and well-being: self, family and society.	
<b>Democracy and Human Rights</b>	Contributions of South Africa's diverse religions and belief systems to a harmonious society and own belief system.	