

LIFE ORIENTATION GRADE 12 2020

TOPIC	ASSESSMENT STANDARDS	PORTFOLIO ASSESSMENT TASKS
PHASE 1 (5 November 2019 – 6 March 2020)		
Development of the self in society	Identify stressors, levels of stress and stress management.	<p>☞ Task 1 Written task: February (date to be confirmed)</p>
	Conflict resolution skills.	
	Initiating, building and sustaining positive relationships.	
	Factors that influence effective communication.	
	Adapting to growth and change.	
	Transition between school and post-school.	
Study skills	Personal lifestyle plan to promote quality of life.	<p>☞ Task 2 Physical Education: ongoing throughout the term</p>
	Process of assessment and examination writing skills.	
	Importance of School Based Assessment.	
Careers and career choices	Importance of obtaining the NSC: develop a study plan.	<p>☞ Task 2 Physical Education: ongoing throughout the term</p>
	Commitment to a decision taken: job or course application.	
	Reasons for and impact of unemployment.	
Democracy and Human Rights	Innovative solutions to counteract unemployment.	<p>☞ Task 3 Project: May (date to be confirmed)</p>
	Responsible citizenship: dealing with discrimination and human rights violations, Bill of Rights.	
	Role of the media in a democratic society.	
Social and Environmental responsibility	Ideologies, beliefs and worldviews on recreational and physical activity across cultures and genders.	<p>☞ Task 4 June Examinations 20 – 31 May</p>
	Community responsibility to provide environments and services that promote safe and healthy living.	
	Formulating a personal mission statement for life.	
Development of the self in society	Impact of vision on actions/behaviour in life.	<p>☞ Task 5 Physical Education: ongoing throughout the term</p>
	Human factors that cause ill-health, accidents, crises and disasters.	
	Commitment to participate in physical activities for long-term engagement.	
Careers and career choices	Core elements of a job contract, worker rights and obligations, conditions of service.	<p>☞ Task 6 Final Examination: Set by DBE (date to be confirmed)</p>
	How work gives meaning to life.	
Study skills	Preparing for success in the Grade 12 examinations.	<p>☞ Task 7 Physical Education: ongoing throughout the term</p>
Careers and career choices*	Admission requirements for the intended field of study	
PHASE 3 (1 June 2020 – 9 October 2020)		